

National Training Prospectus 2021 – 22



Contents

Welcome to the Institute of Group Analysis	2
Core Training with the IGA	4
IGA Training Pathway	5
Open Days and Taster Events	6
Introduction to Working with Groups and Group Analysis	7
Foundation Courses	8
Map of IGA Courses and Locations	11
Diploma in Groupwork Practice	12
Qualifying Course in Group Analysis	14
Diploma in Group Supervision	16
Foundation Weekend in Reflective Practice in Organisations (RPiO)	17
Diploma in Reflective Practice in Organisations (Diploma RPiO)	17
Workshops and Events	18
International Courses	19
The Library and Information Service (LIS)	20
Bursaries	21

Welcome to the Institute of Group Analysis

About Us

Founded over 50 years ago, the Institute of Group Analysis (IGA) is a charitable organisation which provides training in Group Analysis and groupwork. We offer a core training leading to qualification as a 'Group Analyst' as well as standalone Foundation and Diploma courses at centres across the country. In addition, we offer a wide range of short and taster training courses, bespoke training and consultancy, CPD workshops, support for members with their Continuing Professional Development needs and a national referral service. The IGA provides training and professional development to over 800 people a year.


The IGA is a full organisational member of United Kingdom Council for Psychotherapy (UKCP) and an affiliate organisational

member of the British Psychoanalytical Council (BPC). Our core Qualifying Courses are accredited by the UKCP.

Group Analysis is a powerful therapeutic medium that focuses on the relationship between the individual and the group, emphasising the essentially social nature of human experience. As a method of treatment, Group Analysis offers an approach that recognises how emotional, behavioural and psychological phenomena emerge in the context of our social groups. Carefully constituted analytic groups have a long record of helping people with personal problems and in promoting personal development.

As reflected in our comprehensive portfolio

For more information or to book online visit www.groupanalysis.org



of trainings, the Group Analytic approach has profound implications for Groupwork and organisational practice in a wide range of health, social and educational settings. Our philosophy is that as personal difficulties arise in groups, groups are the best place to explore, understand and try and resolve them.

Group Analysis aims to achieve a healthier integration of the individual in their network of relationships. It is an interactive approach and has many applications in the field of human relations, teaching, training and organisational consultancy.

For more information
please look at our website
www.groupanalysis.org
or call 020 7431 2693

or call the National Office on 0207 431 2693

Core Training with the IGA

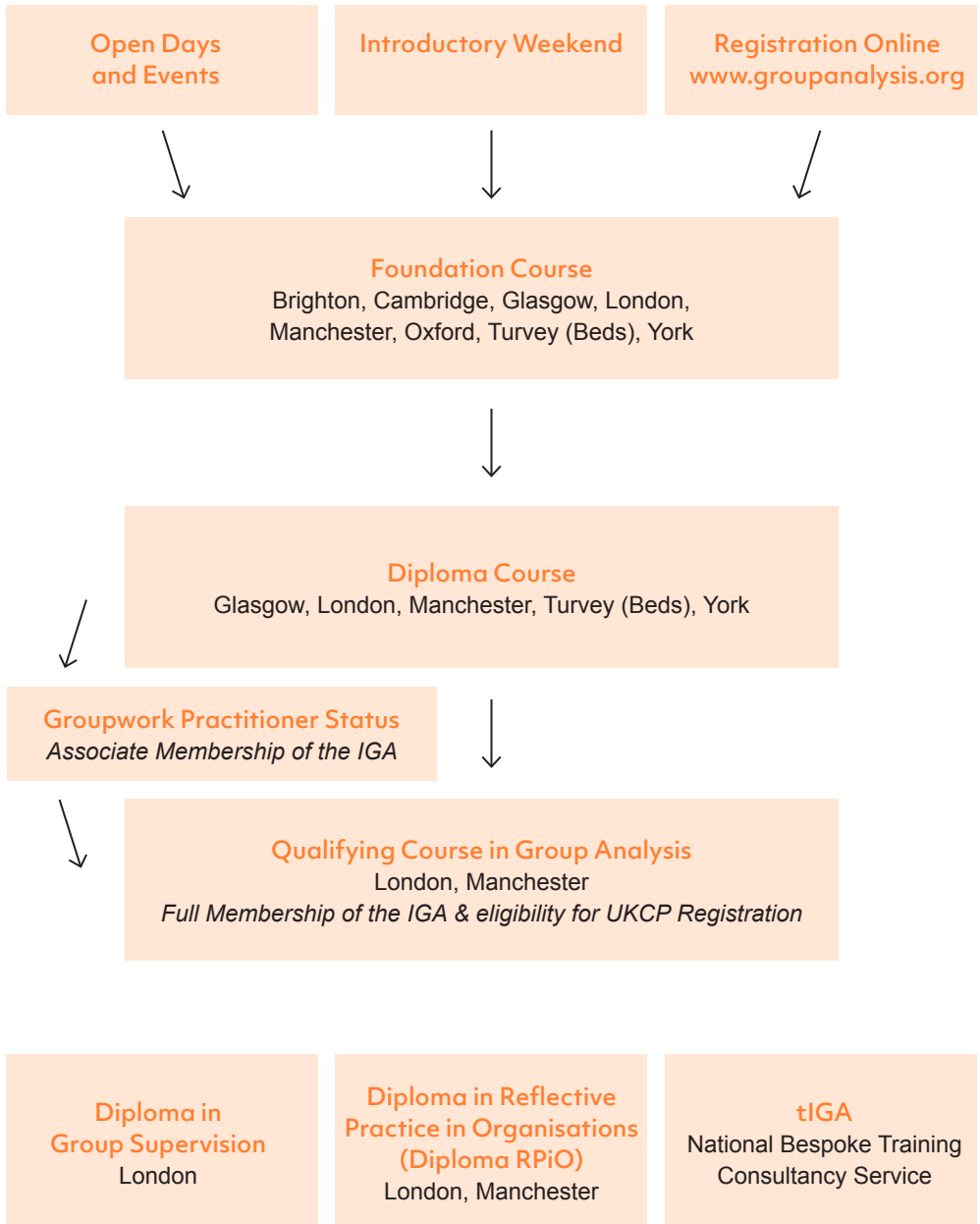
Training Progression Overview

IGA courses are available across the country and are delivered by expert clinicians, teachers and supervisors. IGA Training Courses are administered and managed locally. Our training courses are multi-tiered, flexible and accessible. The one year Foundation Course constitutes the first stage of the training. Satisfactory completion of a Foundation Course is a requirement for progression to the one year Diploma in Groupwork Practice that can lead to Groupwork Practitioner Status and membership of the IGA.

Students who wish to attain the professional status of Group Analyst, with full membership of the IGA and UKCP registration, progress to the Qualifying Course, which can currently be undertaken in London or Manchester. It usually takes a minimum of 3 years from the commencement of the Qualifying Course to submission of the final qualifying paper.

Courses are taught in either academic terms or on block weekends, allowing prospective students to choose the right course for them to suit their personal and professional commitments. Please see our website for more information.

IGA Training Pathway and Provision 2021-22



or call the National Office on 0207 431 2693

Open Days and Taster Events

IGA Open Days / Evenings offer an opportunity to find out more about the various training courses we provide. Course convenors and teaching staff will present the range of courses on offer and will be available to answer your questions about the Institute and our trainings.

IGA Open Days and Evenings, provide an introduction to the genesis and development of group analytic ideas and training opportunities in the IGA.

Please follow the link below for further information on National Open Days and Events: more dates will be added throughout the year, so please keep checking if you are interested in attending an Open Day.

[www.groupanalysis.org/Training/
OpenDaysandEvents](http://www.groupanalysis.org/Training/OpenDaysandEvents)

For more information on dates
and event format or to book
please look at our website
www.groupanalysis.org
or call **020 7431 2693**

For more information or to book online visit www.groupanalysis.org

Introduction to Working With Groups and Group Analysis

The IGA offer the public an opportunity to attend introductory workshops at a number of training venues across the country. These introductory workshops offer an excellent introduction to the group analytic perspective. Intended for anyone interested in learning about the Group Analytic approach, either at a personal level or in relation to their functioning in groups at home or work, these workshops have proven useful for professionals working with patients or clients and for anyone involved in groups, whether patients/client groups, staff groups, work groups, management groups or at an organisational and institutional level. Some of these workshops are intensive and will offer experiential groups, and the opportunity to learn about individual and group processes from the 'here and now' experience of participation in a group. Theoretical input is often provided by a guest speaker. Other workshops will offer presentations followed by group discussions and debates. Please see below for further details.

Introductory workshops are offered at a number of regional sites:

London – Introductory Weekend in Group Analysis

Local contact: The Administrator
Training-FC@groupanalysis-uk.co.uk

t: 020 7431 2693
www.groupanalysis.org/Training/IntroductoryWeekendinGroupAnalysis

Glasgow — Foundation and Diploma Course Q&A session

Local contact: The Administrator
Training-FC@groupanalysis-uk.co.uk
t: 020 7431 2693
www.groupanalysis.org/Training/IntroductoryWeekendinGroupAnalysis

Turvey — An effective way of working with people

Local contact: Jo Goodman
joedwards@turveygroupwork.co.uk
t: 07748 348 084
www.turveygroupwork.co.uk

Manchester — Open days and group-work skills short course

Local Contact: Bethan Marreiros
administrator@groupanalysisnorth.com
t: 01204 840 909
www.groupanalysisnorth.com

York — Everything you wanted to know about groups ... but were afraid to ask

Local Contacts:
Christopher Davies and Sally King
info@yorkgroupwork.com
t: 01904 633996 www.yorkgroupwork.com

or call the National Office on 0207 431 2693

Foundation Courses

IGA Foundation Courses aim to familiarise students with the principles of Group Analysis through a range of lectures / seminars, workshops and experiential groupwork.

more informed general understanding of how groups operate. IGA Foundation Courses offer an opportunity for both personal and professional development.

A combination of theoretical and experiential learning encourages participants to gain a

Foundation Course Training Venues

The IGA offers Foundation Courses nationally between September and July. You will find them located in the areas listed below:

Brighton
Cambridge
Glasgow
London
Manchester

Oxford
Turvey (Bedfordshire)
York

10 Saturdays
10 Saturdays
6 block weekends
30 Thursday evenings
10 Saturdays and 2 additional seminars
(dates and times tbc) ONLINE
6 Saturdays + 18 evening sessions
5 block weekends
13 Fridays + 2 Saturdays

Please see our national website www.groupanalysis.org for more details about each course and pricing.

For more information or to book online visit www.groupanalysis.org

Brighton

Please visit the IGA National Website for information

Local Contact/s

Claire Barnes and Sue Griffin

Claire Barnes — clairebarnes.therapy@gmail.com

Sue Griffin — suegriffin@icloud.com

Cambridge

The Group Therapy Centre - Cambridge

Emmanuel Church, Trumpington Street

Cambridge CB2 1QY

t: 01223 357221 / 01223 662918

Local Contact

Dan Neale — d.neale@grouptherapycambridge.org.uk

t: 07960 683661

Glasgow

Online

Local Contact/s

Catherine Dunnet —

glasgowfcconvenor@groupanalysis-uk.co.uk

London National Office

1 Daleham Gardens

London NW3 5BY

Local Contact/s

Training Course Administrator —

Training-FC@groupanalysis-uk.co.uk

t: 020 7431 2693 www.groupanalysis.org

or call the National Office on 0207 431 2693

Manchester

Online

Local Contact/s

Bethan Marreiros —

administrator@groupanalysisnorth.com

t: 01204 840 909 www.groupanalysisnorth.com

Oxford

Online

Local and National Contact/s

Anne Reilly — anne.reilly@berkshire.nhs.uk

Jo Edwards — joedwards@turveygroupwork.co.uk

t: 07748 348 084

Turvey

Turvey Groupwork,

The Turvey Centre, Abbey Mews,

Turvey, Bedfordshire, MK43 8DH

Local Contact

Jo Goodman — joedwards@turveygroupwork.co.uk

admin@turveygroupwork.co.uk

www.turveygroupwork.co.uk

t: 07748 348 084 www.groupanalysis.org

York

York Groupwork, St Bedes Centre,

Blossom Street, York YO24 1AQ

Local Contact

Sally King — info@yorkgroupwork.com

t: 01904 633 996 www.groupanalysis.org

www.yorkgroupwork.com



Brighton	London	Oxford
Foundation	Foundation, Diploma, Qualifying RPiO, Supervision	Foundation
Cambridge	Manchester	Turvey
Foundation	Foundation, Diploma, Qualifying, RPiO	Foundation, Diploma
Glasgow		York
Foundation, Diploma		Foundation, Diploma

or call the National Office on 0207 431 2693

Diploma In Groupwork Practice

The IGA Diploma in Groupwork Practice is a further one-year course building upon the Foundation Course in Group Analysis. This course offers an advanced introduction to the Group Analytic approach to general groupwork as it is currently practiced in social, health care and educational settings.

It is aimed at the development of the theoretical knowledge, skills and techniques necessary to successfully facilitate a wide range of groupwork approaches. Successful completion of the Diploma in Groupwork Practice enables progression to an IGA Qualifying Course in Group Analysis.

Diploma Course Training Venues

IGA Diploma in Groupwork Practice Courses currently run between September and July in the areas listed below:

Glasgow

London

Manchester

Turvey

York

Block weekends including Friday evenings and the National Learning Experience
35 Thursday afternoons + 3 large groups per term on Monday evenings, plus the National Learning Experience weekend
10 block weekends, plus 5 Friday afternoon seminars and the National Learning Experience weekend
10 block weekends, plus the National Learning Experience weekend
13 Fridays + 2 Saturdays, plus the National Learning Experience weekend

Please see our national website www.groupanalysis.org for more details about each course, entry requirements and pricing.

For more information or to book online visit www.groupanalysis.org

Glasgow

Online

Local Contact/s

Catherine Dunnet —

glasgowfcconvenor@groupanalysis-uk.co.uk

London

National Office

1 Daleham Gardens

London NW3 5BY

Local Contact/s

Monica Doran, London Courses Director via

Sam Evans — Training@groupanalysis-uk.co.uk

t: 020 7431 2693 www.groupanalysis.org

Manchester

Online

Local Contact/s

Debra Nash, Manchester Courses Director via

Bethan Marreiros —

administrator@groupanalysisnorth.com

t: 01204 840 909

www.groupanalysisnorth.com or www.groupanalysis.org

Turvey

Turvey Groupwork

The Turvey Centre, Abbey Mews,

Turvey, Bedfordshire, MK43 8DH

Local Contact

Andy Espey, Turvey Courses Convenor —

andyespey@turveygroupwork.co.uk

admin@turveygroupwork.co.uk

t: 07900468812 www.turveygroupwork.co.uk

York

York Groupwork, St Bedes Centre,

Blossom Street, York YO24 1AQ

Local Contact/s

Christopher Davies, York Courses Co-convenor —

info@yorkgroupwork.com

t: 01904 633 996 www.groupanalysis.org

www.yorkgroupwork.com

or call the National Office on 0207 431 2693

Qualifying Course In Group Analysis

This long standing and highly respected course aims to provide students with a fundamental understanding of Group Analytic theory and practice that will enable them to become practising Group Analysts. The course aims to help students develop a critical and enquiring mind towards psycho-analytic and social theory. These aims are

achieved through the tripartite structure of clinical and theoretical learning; supervised clinical practice and twice weekly or block Group Analysis.

Successful graduates are eligible to become full members of the IGA and to gain professional registration with the UKCP.

Qualifying Course Training Venues

London Structure

36 Thursday afternoons + supervision of groupwork Thursday mornings + one psychopathology weekend in February (usually) + one monthly large group on Monday evenings.

Contact

Monica Doran, London Courses Director
e : LondonCoursesDirector@
groupanalysis-uk.co.uk

t : 020 7431 2693

Sam Evans, National Training Administrator
e : training@groupanalysis-uk.co.uk
t : 020 7431 2693

For more information

about all our courses

please refer to our website at

www.groupanalysis.org

IGA National Office 1 Daleham Gardens
London NW3 5BY.
www.groupanalysis.org

For more information or to book online visit www.groupanalysis.org

Manchester

Structure

10 weekends a year. Fees include supervision group, personal group therapy, large groups and seminars + 10 additional seminars during the course of the year (times and dates tbc) in conjunction with the University of Manchester + 5 Friday afternoon seminars

Contact

Debra Nash, Manchester Courses Director
e : igamanchestercourses@gmail.com.

t : 07786 546 197

Bethan Marreiros, Administrator

e : administrator@groupanalysisnorth.com

t : 01204 840 909.

Group Analysis North,
Newlands Estate,
315 Chorley New Road, Bolton BL1 5BP,
www.groupanalysisnorth.com or
www.groupanalysis.org

**A person is
‘... part of a social network [and]
can only be artificially considered in isolation,
like a fish out of water.’**

S.H. Foulkes 1948

or call the National Office on 0207 431 2693

Further Qualifying Trainings

Continued Professional Development

Diploma in Group Supervision

The IGA Diploma in Group Supervision is a unique and well-established training for qualified Counsellors, Psychotherapists and Group Analysts with over three years post qualification experience.

The course provides a rigorous clinical training in the method of using the group as a medium of supervision in a wide range of therapeutic contexts.

The course is run over five weekends. If meeting in person, the weekend timings are: Saturday 09.15 – 19.15 and Sunday 09.15 – 17.15. If meeting online, Saturday & Sunday timings are both 09.15 – 17.45. The weekends include seminars, supervision of

supervision (when meeting in person only), reflecting team practice and median groups. In addition, there are thirty sessions of supervision of supervision via Zoom (forty-five hours if meeting solely on-line). The course is assessed via Supervision of Supervision and a 5,000-word paper. More information and an application form are available on the IGA's website.

The dates for the 2021/22 Supervision Diploma are 25-26 September 2021, 6-7 November 2021, 4-5 December 2021 and 26-27 March, 2022, 2-3 July, 2022. The course will take place in person in London at the IGA, if possible. Otherwise, the course will run online, transferring to in-person as

Contact/s:

Leonie Hilliard, Co-Director,
leoniesupervision@groupanalysis-uk.co.uk
t: 07890 444570

Sara Perren, Co-Director,
sarasupervision@groupanalysis-uk.co.uk
t: 07884 467451

For more information or to book online visit www.groupanalysis.org

Reflective Practice in Organisations (RPiO)

Foundation Weekend Course: Reflective Practice in Organisations

This weekend course offers a foundation in the group analytic approach to working with groups in organisations, particularly Reflective Practice Groups and other team interventions. It offers lectures from leading practitioners, opportunities to experience the dynamics of reflective practice in small and large groups, practical exercises to deepen understanding of leadership and group dynamics, and opportunity to consider how to apply learning in your own work setting.

The Foundation Weekend is open to anyone with a professional interest in reflective practice used at work, team coaching or other

organisational interventions, and is a prerequisite for acceptance onto the Diploma in Reflective Practice in Organisations (Diploma RPiO).

Contact/s:

London
Training Course Administrator —
Training-FC@groupanalysis-uk.co.uk
t : 020 7431 2693
www.groupanalysis.org
1 block weekend

Diploma in Reflective Practice in Organisations (Diploma RPiO)

This theoretical and practice-based training in reflective practice in organisations, is relevant to everyone who works with teams within organisations or conducts groups promoting dialogue and reflection.

Participants on the RPiO Diploma come from a variety of professional backgrounds and are working in a range of statutory, voluntary, and private sector contexts.

The course focuses on helping the practitioner to establish a clear theoretical and practice framework, sustaining a reflective practice culture that promotes open communication, creativity, mutual support, and challenge while developing the capacity to contain feelings and uncertainty.

The Diploma is now in its sixth year and has

established itself as the place to learn about the group analytic approach to working with teams in organisational settings.

The course currently runs online as two separate but connected learning experiences: the introductory foundation weekend and 8 course days on Saturdays leading to the Diploma. Full details of the courses are available on the IGA website.

Contact:

Jo Joyce, Course Director
e: RPiO@groupanalysis-uk.co.uk
Training Course Administrator
e: Training-FC@groupanalysis-uk.co.uk
t: 020 7431 2693
www.groupanalysis.org

or call the National Office on 0207 431 2693

Workshops And Events

Public Events

The IGA offers a varied programme of workshops and events related to the application of Group Analysis in a variety of settings, aimed at anyone with an interest in Group Analysis. You do not need to be an IGA student or IGA member to attend these workshops and events (unless specified).

Highly regarded UK based Group Analysts are occasionally joined by Group Analysts from around the world in sharing pioneering new ideas, developments and alternative applications that may relieve psychological distress and suffering more effectively or helping specific groups of patients.

IGA workshops are ideal for Continuing Professional Development.

Please see the Workshops & Events webpages where new events are added regularly.

www.groupanalysis.org/WorkshopsandEvents

International Courses

The International Courses Committee (ICC) of the IGA welcomes proposals from organisations and individuals interested in setting up and running introductory or advanced training courses in Group Analysis outside the UK.

The ICC offers a consultation service whereby an experienced Group Analyst will assist in shaping the development of international courses with local organisers, to enable the course to meet the criteria for training accreditation set out by the IGA.

The ICC will maintain oversight of the course to ensure that it continues to meet the criteria until students graduate and certificates of satisfactory completion of the courses are provided by the IGA office.

The IGA has a proud legacy of supporting the development of courses in Bengaluru, India; Moscow & St Petersburg, Russia; Cape Town & Johannesburg, South Africa; Kigali, Rwanda and Tirana, Albania and is keen to support the growth of group analytic thinking across the world.

Forthcoming IGA accredited courses outside the U.K.

For further details please contact Linde Wotton via icc-chair@groupanalysis-uk.co.uk

Foundation and Intermediate level courses:

Kigali, Rwanda 2019 July 2019 - July 2021. Convenor & Staff: Anne Morgan, M J Maher, Justin Phipps. Run by Avega Agahozo, Survivors' Fund and Rwandan Association of Trauma Counsellors. Bengaluru, India August 2020-Autumn 2022. Convened by Farhad Dalal. Run by Hank Nunn Institute. Singapore, November 2021- May 2022. Convened by Sue Einhorn & Sheila Ritchie. Run by Changi General Hospital.

Qualifying level courses:

IGA International Diploma in Group Analysis. 4 year course. Tirana, Albania. Start date September 2020. Convened by Bob Harris. Run by Group Analysis Albania.

We welcome any initial enquiries for an exploratory discussion you might have, which should be directed to the chair of ICC, Linde Wotton via icc-chair@groupanalysis-uk.co.uk

or call the National Office on 0207 431 2693

The Library And Information Service (LIS)

Our Library & Information Service (LIS) has over the last 40 years, accumulated an extensive collection of group analytic literature.

We have a comprehensive database of library contents, available world-wide 24/7, and we provide a national VLE (Virtual Learning Environment) with reading list content for all IGA students, and support for course staff in the provision of their reading lists. This ensures that the IGA operates within copyright law, both in respect of material for individuals and groups of students. We also keep abreast of CLA (Copyright Licensing Agency) developments to streamline the digital provision of reading lists.

The LIS is a well-connected service. We have subscriptions to the Tavistock Library, which enable both IGA on-site access and

interested parties to subscribe direct. This subscription option is particularly useful for students and members who are involved in conducting research, writing and publishing, and is available online.

The LIS also belongs to the PLUG (Psychotherapy Libraries Umbrella Group) network, which enables us to access the databases of other prestigious training organisations, thereby offering a great value service to our members and students.

The LIS holds one of the most comprehensive collections of reading on Group Analysis in English and we are therefore able to provide our students with a carefully chosen selection of reading material that will support them in their learning.

Bursaries


The IGA National Office is able to offer a limited number of bursaries for eligible applicants who are applying for IGA approved Courses across the UK.

Please see our webpage for more information and follow the instructions on the webpage and application form:

www.groupanalysis.org/Training/BursaryScheme

Some regional course providers, such as Manchester, Turvey and York, may also offer additional bursaries. For information about these local bursaries, please contact the regional course provider or local course convenor for further details.

or call the National Office on 0207 431 2693



...the group analytic situation, while dealing intensively with
the unconscious in the Freudian sense, brings into operation
and perspective a totally different area...
a social or interpersonal unconscious.'

S.H. Foulkes, Therapeutic Group Analysis 1964

**The IGA offers Professional Training, Short Courses, CPD Workshops,
Consultancy, Group Therapy & Referrals.**

Follow IGA on Twitter at @InstituteofGA and Facebook at facebook.com/InstituteofGA

The IGA actively pursues a policy promoting equal opportunities and accessibility. We oppose discrimination and encourage an understanding of difference and cultural diversity. We welcome applications from members of minority and disadvantaged groups.

1 Daleham Gardens London NW35BY

T — 020 7431 2693 E — iga@groupanalysis-uk.co.uk www.groupanalysis.org

The IGA is a charity registered in England and Wales (280942), and in Scotland (SC040468);
and is a company registered in England and Wales 01499655